



# Healthy Impact Nampa Coalition

## Food Access Subcommittee

### Minutes – November 13, 2018

#### 3:30 PM - Welcome and Introductions

Brent Peterson and Bethany Gadzinski, Committee Chairs, started the meeting, all in attendance introduced themselves.

Name	Affiliation
Bethany Gadzinski	Terry Reilly Health Services, Committee Co-Chair
Brent Peterson	NNU, Committee Chair
Jean Mutchie	St. Luke's
Claudia Dina	Good News Church/ Neighborhood Pantry
Ana Moroshan	Good News Community Church & Cap Ed
Sheri Ainsworth	Saint Alphonsus
Karla Nelson	City of Nampa, Staff Liaison
Emmett Wemp	Treasure Valley Leadership Academy
Rae Krick	Terry Reilly Health Services
Mary Ann Liby	Idaho Food Bank
Meggan Manlove	Trinity Community Gardens
Jackie Jermann	WICAP
Sandy Kipp	Dietitian & College Church
Matt Jamison	City of Nampa, CDBG
Mari Ramos	NSD - FCRC
Micki Kawakami	AARP ID
Jessica Nielsen	Treasure Valley Leadership Academy
Kim Whitemyer	Community Member
Estrella Rays	The Salvation Army
Pam Peterson	Community Member

Karla Nelson shared that her last day with the city will be on November 21. She expressed gratitude for everyone on the committee.

Bethany Gadzinski shared details from her recent Invest Health trip to Atlanta. The city of Nampa was one of 50 cities invited to participate in the Invest Health initiative which looked to reduce health inequities through improvements to the built environment and improving access

to resources. The initiative is officially over but the cities were invited back in order to continue to learn from each other.

**Action:** Bethany will share some of the presentations and information from the gathering.

### **3:45 PM – Food Share Program**

Sandy Kipp shared details of her recent meeting with Sheila Keim and Michelle Edgers from Nampa School District and Kendra Taylor from EPA. They discussed the food share program, which allows certain food that students do not consume to be saved and distributed to food pantries or others in need. This is a program that was mentioned in our local foods, local places plan and has been of interest to many in the food access committee. In the meeting, Sandy learned that Nampa School District is in many ways a model for what we should be doing. The kitchens are very low waste, and food is already repurposed in the district.

**Action:** Mari Ramos will follow up with Sheila Keim to see where the food is going and if it can be used in the Snake River pantry.

Sandy did learn about another issue that is facing the district. Since the high schools became open campuses, the economic segregation of students has become even more visible. This is especially problematic at Nampa High School because there are several restaurants in the area. Low income students can't afford to eat at these places but often end up leaving campus anyhow and in many cases do not eat lunch. The number of meals served per day has dropped from 744 in the 2013-2014 calendar year down to 318 in 2017-2018. In addition to concerns about some students not getting a lunch, this also has repercussions for title 1 funding which is based on the number of meals provided.

### **4:00 PM - The Traveling Table**

Jessica Nielsen explained that the students are wrapping up their work on the project for this semester. After the holiday a smaller more interested group of students will continue to work on the project. Jessica will complete her food safety certification during the Thanksgiving holiday. A group of students is ready to clean out the truck as soon as it is available.

Mary Ann Liby discussed the possibility of Idaho Food Bank coming to the Treasure Valley Leadership Academy to provide a one-time food safety training. Future trainings will need to be provided by Jessica or Sam with Good News, both will have their certifications. Mari also offered to provide trainings. The training lasts one and half hours and there is a booklet and companion video.

For privacy purposes sign-in sheets at the truck will not be handled by the students. Food orders from the food bank could be done by Sam from Good News or it could be something that the students end up doing.

The wrap for the truck was showed to the group, students helped to develop the design which was refined by Blacksmith signs. The students want “food for all” to be in English and Spanish on the truck.

Initially the Traveling Table will go out one time per month. Transportation will be an issue for the students. In the beginning, the service might need to just be available within walking distance of the school. Emmett mentioned that students will likely want to work on surveys aimed at determining the best locations and times for the Traveling Table operation. Based on the level of preparation work needed, the launch will likely be the 3<sup>rd</sup> week of January. The launch could be a full day event with community volunteers and a media presence. Thermos of hot cocoa will be needed, and portable heaters could be helpful.

**Actions:**

- Jessica will complete the food safety training.
- Final inspection from Southwest District Health is needed.
- Brent will talk with Pastor Gretchen from Lakeview Church to see if the Traveling Table could location in their parking lot.
- Karla will purchase tables, chairs, crates, bungee cords, and a wash station on Monday, November 19.
- All committee members will be asked to help spread the word when the exact date, time and locations are finalized. Information can be shared on the remind app for Nampa School District students, Facebook pages, radio stations and with Idaho Press-Tribune.

**4:40 p.m. Project Updates**

**Neighborhood Pantry:** Claudia Dina shared that the Good News Food Pantry has changed its name to the Neighborhood Pantry. They are currently working on a potential lease which would allow the pantry to be placed in Lakeview Park. David Bills and Sunrise homes are helping with the process. Sheri Ainsworth is helping the pantry complete a Monsanto Seeds grant application for the pantry.

**Grocery Store Shuttle:** Sheri Ainsworth explained that the shuttle has been completely rolled into Saint Al’s Meals on Wheels program. Roberto is still the driver and Boise Rescue Mission agreed to allow the use of their people mover at least through the end of the year. St. Luke’s is looking into the possibility of donating one of their vehicles to the program, but considerations would need to be made to maintain service for our riders who use wheelchairs. There is great need for this service in other areas including in Caldwell. People have expressed a need to have transportation to banks and other services in addition to the grocery store.

**Terry Reilly Healthy Food Prescription Program** – Rae Krick explained that the program has been going well and that patients have seen great improvements. Rae hopes to have a fact sheet to highlight outcomes soon. Pantera market has been providing produce for the program. The hope is to have the farmers market provide produce again in the summer months. Rae is looking for more people to enroll in the program, participants need to be Terry Reilly patients who have high BMI, hypertension and diabetes.

**Mayor's Office:** Bobby Sanchez shared that the Mayor recently met with the Idaho Food Bank about a 20,000 square foot facility in Nampa. This facility would be a hub for Nampa food pantries. Bobby also shared that the \$20,000 check for the shuttle has been processed.

#### **4:50 PM Meeting Logistics**

- The next meeting will be held on Tuesday, December 11 from 3:30 -5 at Cap Ed near Nampa High School.