



Healthy Impact Nampa Coalition

Food Access Subcommittee

Minutes – April 10, 2018

3:30 PM - Welcome – Introductions

Brent Peterson and Bethany Gadzinski, Committee Chairs, started the meeting with a welcome introduction and all in attendance introduced themselves.

Name	Affiliation
Brent Peterson	NNU, Committee Chair
Joca Veloz	
Jackie Amende	UI extension
Sheri Ainsworth	Saint Alphonsus
Jean Mutchie	St. Luke's
Karla Nelson	City of Nampa
	Valley Regional Transit
Claudia Dina	Good News Church and Pantry
Kyle Rooks	TRHS
Bethany Gadzinski	Terry Reilly Health Services
Paula Deleon	North Nampa Comm. Liason
Micki Kawakami	AARP ID
Laramie Holtman	Terry Reilly
Sandy Kipp	Dietitian/ College Church
Brian Dale	HUD
Emmett Wemp	Nampa School District
Mari Ramos	mramos@nsd131.org
Barbara Felty	SWDH
Jackie Jermann	WICAP
Jackie Yarbrough	Idaho Food Bank

3:45 PM – Project Spotlight: Fruit and Veggie Hut

It was explained that the fruit and veggie hut subcommittee met on April 6 to discuss the vision for the hut (attached). The committee felt that mobility was key, they want to pair access to food with educational elements both for the public and for the students at Treasure Valley Leadership Academy. Potentially the hut could be used across the district. The committee felt

that branding and the look of the hut/trailer/or truck would be important. They want people to view it as a serious and ambitious endeavor.

Needs:

- Graphics
- Trailer/truck/hut
- Annual costs
- Licensing
- Supply Chain

Ideas:

Look at job corps culinary school, and paint school. Jackie Yarborough spoke about the potential partnership with the food bank, donated food from the food bank could be paired with food from the hospitals or NNU.

4:15 Grocery Store Shuttle Sustainability

Jean Mutchie shared videos of riders expressing their appreciation and need for the service. The group discussed a desire to add service on a second day of the week. Sheri Ainsworth discussed the potential of moving the service under the Meals on Wheels program. The longer-term vision could include owning a dedicated vehicle for the shuttle. The committee talked about how important Roberto is to the service, his connection with riders is key as is his ability to speak Spanish. The Meals on Wheels program is able to apply for a variety of grants which could make the service more sustainable, some potential funders include Walmart and the festival of trees.

Sheri, Jean and Brent shared that they will be presenting a report on the shuttle to Nampa City Council on May 7th – all were encouraged to attend.

4:45 Project Updates

School Food Share Program – In order for the program to move forward a meeting is needed with the school district food services division. Food services will need to decide if the program makes sense in Nampa given their constraints and needs. If implemented the program would quickly repurpose food that would otherwise be wasted. Jackie Yarbrough mentioned that Idaho Food Bank has partnered with Cliff bar to provide snacks to kids in Payette and Parma & test scores have improved in these schools.

Good News Food Pantry – Good News Food Pantry is now a 501c3 and they are able to accept donations and funding. They have worked with Max Giving to make it easy for the community to donate to their cause.

Terry Reilly Healthy Food Prescription Program – Bethany, Don and Kyle will be traveling to Dayton, Ohio to meet with Wholesome Wave to learn about their program and to see operationally how it is working. The Terry Reilly program is facing difficulties in finding a dietician to start the program.

Blessing of the Gardens – Trinity Lutheran is organizing a blessing of the gardens event on May 5 starting at 3 p.m. The group will travel to several community gardens and provide a blessing at each. All are encouraged to participate in this event. Trinity Lutheran garden cook books were also shared with the committee.

Prepared for School Working Group – Jean Mutchie shared that a survey is currently being done on kindergarten readiness in the Treasure Valley.

4:55 PM Meeting Logistics

- To encourage participation in May in Motion activities and to encourage attendance of the shuttle presentation at Nampa City Council the May meeting was cancelled.

Fruit and Veggie Hut

What is the desired change?

- Drive down diabetes and obesity for kids and adults in Nampa.
- Change the market demand – so that fruits and veggies are more desirable, accessible and not seen as a luxury item.

Key elements for the vision

- Mobile – Food service trailer – that can be set up at various spots
 - Cooling ability
- Provide healthy fruits and vegetables for free (accept donations).
- Offer educational elements
 - Partner with culinary arts students
 - Nutrition/cooking education potentially add on specialized classes like canning
 - Educational opportunities for kids who will work on the hut and for those who use the hut.
- Partnership with the School District
- Offer easy access to fruits and vegetables but will not offer a large variety – snack and go.
- Kid led, and community supported
- Encourage community dialogue on healthy eating
- Brand and paint the trailer – easy to recognize and inviting

Who is involved, what are their roles?

- Treasure Valley Leadership Academy – handle some of the day to day logistics to make the program work – loading the trailer, housing the trailer, making sure that the trailer is ready to go, etc..
- Blue Cross Foundation – providing initial funding for the trailer/hut might be interested in additional funding of the program.
- The Hospitals and NNU – have buying power with their cafeterias and might be able to add certain fruits and vegetables on to their orders for the hut.
- Idaho food bank might be able to offer consultation regarding food safety requirements.
- Grocery store shuttle riders might be interested in helping with the hut.
- Community gardens could provide some of the produce during summer months and might be interested in signing up to run the trailer/ hut on some occasions.
- Cooking matters and U of I extension might be interested in providing some of the nutrition education components.
- Nampa School District Career and Technical Education kids could potentially help to support the program.
- Car dealerships who work on agriculture in the classroom might be interested in donating a truck.

How can we scale the vision?

- Pilot the program in September & October 2018.

Risks to success

- Insurance – who will carry?
- Food liabilities – need to better understand what the liability is and how to mitigate.
- Is there demand for fresh fruits and vegetables?
- Do we need a license to give away fruits and vegetables?
- Sales tax – can avoid if we offer fruits and veggies for free but accept donations if folks are interested in donating.
- Need a lead person to organize volunteers and ensure that the program continues.
- Who will run the program in the summer?
- Looking legitimate – if we start too small with out any kind of trailer/food hut people will be less excited about the concept.
- Don't want people to think that outsiders are trying to be a "savior" to the neighborhood – the fact that the program will be kid led will help with this perception, also sharing the story behind the program and how community members have expressed a desire to more easily access food.
- Timing – most of the fresh fruits and veggies are available in the summer but it will be a harder time for TVLA to organize the program. TVLA could likely help to operate the program any day of the week including Saturdays during the school year.

Logistic questions to discuss

- What days and locations will the hut operate during the pilot (September- October 2018)?
- How will we advertise?
- Who will drive the trailer? Who will set up the produce and handle the customer service during the events? How will these people be organized?
- Who will order the produce, how does it get to TVLA, how will it be stored before and after the outings?
- How will the produce be displayed, are we moving everything out of the trailer onto tables or inviting them to enter the trailer to pick their own produce?