



# Healthy Impact Nampa Coalition

## Food Access Subcommittee

### Minutes – February 12, 2019

#### 3:30 PM - Welcome and Introductions

Bethany Gadzinski, Committee Chair, started the meeting, all in attendance introduced themselves.

Name	Affiliation
Bethany Gadzinski, Chair	Terry Reilly Health Clinic - Committee Chair
Micki Kawakami	AARP ID
Jackie Yarbrough	Idaho Food Bank
Rae Krick	Terry Reilly Health Clinic
Pam Peterson	Community Member
Amy Bowman	City of Nampa
Heidi Rahn	Nampa School District
Jackie Jermann	WICAP
Leslie Pedrosa	Valley Regional Transit
Obed Saenz	Valley Regional Transit
PR Meggan Manlove	Trinity Community Gardens
Ana Moroshan	CapEd/Neighborhood Pantry
Estrella Rayo	Salvation Army Nampa
Sandy Kipp	College Church/Dietitian
Jean Fitzgerald-Mutchie	St Luke's
Claudia Dina	Good News Community Church
Matt Jamison	City of Nampa-CDBG
Alma Rowell	Nampa Northside Revitalization Program
Brian Dale - Via Phone	HUD
Sheri Ainsworth	Saint Alphonsus

### **3:45 PM – Idaho Food Bank Partner Meeting January 1<sup>st</sup> with Mayor Kling**

Jackie Yarbrough with the Idaho Food Bank gave a recap of the January meeting. The meeting was held to update everyone on what was working and what was not working in Canyon County. It was determined during the meeting that many of the people in attendance had not been participating in the local community meetings and were encouraged to do so. In the previous year the Idaho Food Bank distributed 2.97 million pounds of food. It is a significant amount of food, but not meeting the food needs of the identified food insecure. The best information we can rely upon to identify food insecurity issues is called the map the meal gap. The map the meal gap trend two years behind and approximately 12.2% of the population has been identified as food insecure. The information can be tiered to identify the most insecure at above 185% of poverty, but still struggle with food security and they don't qualify for the Federal safety network and must rely on the benevolent network i.e. food pantries, community meals sites, community school programs which do not qualify on an income basis. What was most concerning was 17.7% of children in Canyon County were food insecure. This is not the highest number in the State, but it is still quite high. Of the 17% of Canyon County children that are food insecure, 76% qualify for program services. If you flip that number, 24% do not qualify for services. These children are going to be chronically food insecure and not have access to services that they need. Brian Dale asked if there was a hard number that goes along with that 24%. Jackie responded that it would be approximately 2500 children. There are also many people who do not come forward at all.

Jean commented that as we see the cost of living increase, we also must be cognoscente of the fact that this would squeeze people's budgets. If someone's rent increased \$100.00 that could be their monthly food budget. and we could see the number of food insecure families increase.

The next Map the Meal numbers will come out in late April early May. It is good to look at this information to compare the national date, to Idaho's data, to the county data. All the Map the Meal Gap information is available on the Idaho Food Bank website.

TEFAP (The Emergency Food Assistance Program) was also discussed at the meeting and it was determined that in Canyon County there is not a Nampa partner who is a TFAB distributor and it is an important source of food for Canyon County that is being underutilized in Nampa. They are working to try to get groups to partner with WICAP to become a partner in Nampa. A question was raised regarding the ability to put TEFAP in schools. Jackie Jermann responded that it would be possible to put TEFAP in schools. There is some paperwork that needs to be completed by the guardian/parent and consists of three questions: 1) Name 2) How many people in the household 3) Am I income eligible. They do not ask to see any documentation pertaining to the answers.

Questions pertaining to TEFAP Program

Are there certain criteria for obtaining TEFAP support?

- Follow USDA Guidelines
- Documentation showing food received
- Documentation showing food distributed
- Be Serve Safe Certified

What is the biggest barrier to getting TEFAP?

- Some partners don't want to deal with Government Programming and don't want the extra paperwork that goes along with it.
- Some don't have the capacity to take on another program.

### Actions

- Get information about the Map the Meal Gap and Food Insecurity on the Invest Health Website.

### **4:00 PM – The Traveling Table Update**

Ana Moroshan provided the update on the first Traveling Table delivery day. The Treasure Valley Leadership Academy had worked on some new flyers and they were able to get them into the distribution boxes for the main drop-off for the Neighborhood Pantry. One of the marketing ideas the TVLA students have come up with is "From Our Truck to Your Table." They have also partnered with NNU to have them help with some additional marketing ideas. The results for the first Traveling Food Table were 169 people and 43 households served.

The next Traveling Food Table will be February 20<sup>th</sup> across 14<sup>th</sup> Street from the Lakeview Church-The Nazarene from 10 am – 2 pm.

Suggestions were made on where the TVLA students can go to procure additional food sources such as Go, Go, Squeeze. Additionally, suggestions were made on how they could market future food delivery events on social media, such as Facebook.

Ana Moroshan stated that the food order for the February 20<sup>th</sup> delivery will consist of apples, potatoes, cliff bars, dry beets. Jackie suggested that when they go to the Food Bank to get the order, they should ask the people on the dock if they have any fresh produce that they could get in addition to their order.

Discussion on ways to help keep the program moving through the summer months while the kids are out of school. It was mentioned that there could be some Nampa School District schools with Senior projects that could take part through the summer months.

Alma Rowell mentioned that she plans to grow vegetables and hand them out in the North side of Nampa. She plans on planting the seeds in March and said if anyone has capacity to also grow vegetable for her, she welcomes it. Meggan Manlove commented that they have some gardeners at Trinity New Hope are offering a two-part class on gardening, "Gardening Workshop – Learn How to Grow so Much More." February 23<sup>rd</sup> and March 9<sup>th</sup> from 9 am to 12

pm at Trinity New Hope Church. The cost is \$25 for the workbook, but there is scholarship money available if needed.

Jackie suggested that The Traveling Table deliveries would be a good place to distribute plants to the recipients that could be planted at home and grown to start their own garden. Meggan also mentioned that the Trinity Gardeners have their own garden book and have a recipe book and if it can get printed, they could hand them out as well.

**Action:**

- Trinity Gardner's have a recipe book that could be printed and handed out at Traveling Table events. Suggested that St Al's or St Luke's could have printers that could get them printed up.

**4:45 PM – Grocery Shuttle Update**

They did receive a grant to purchase a shuttle van for the Grocery Shuttle program. The capacity of the van needs to be 20 plus seats and they are currently in production and has delayed the delivery date. St Luke's has a van that is almost ready to be put into service, but it needs to be retrofitted with a wheelchair lift in the back. There are also a few legal hurdles to get over prior to it being put into service. In the meantime, Brent and NNU have allowed the use of a vehicle and the logistics like insurance are being worked out. The riders of the Shuttle have been notified of the schedule changes and they hope to be back out this Saturday.

**Additional Updates:**

Rae Krick updated on the Food Prescription program and they have 168 out of the required 174 enrolled in the program. They don't have complete session 2 data yet that is tracking A1C's, but they did have two participants that went down 1% in 3 months. No solid word yet on whether the program will continue, but they plan on continuing the program.

Jean mentioned they still want to have a working session with the Mayor and City Council pertaining to what's next for the larger Healthy Impact Coalition. They have some new members and they want to get everyone up to speed on the data and why certain areas have hot spotted and that there are other areas that could become a hot spot. Housing is filling as fast as it is being built, but still not fulfilling the need. Colorado Gardens is already full, and they think they have a two-year waiting list for additional applicants. They will let everyone know when that working session will be and encourage everyone to attend as it will be a public meeting.

Point in Time Homeless Count – Discussion on a possible increase in the number this year. It was mentioned that the Traveling Table could possibly partner with CATCH or others to deliver food to the areas where the most in need are living.

Jackie Jermann mentioned NNU is having a free poverty simulation on April 4, 2019 from 10 am to 12 pm. Currently there are 43 students attending and it can take up to 73 people and so there is additional room if anyone is interested in participating. It is a helpful program that allows participants to see what it is like to walk in the shoes of low-income individuals. Jean asked if that simulation could take place for the Healthy Impact Nampa Coalition and Sub-Committees. Jackie said if they could get approximately 73 people to attend then it would be possible. The simulator puts participants through different scenarios to help people be able to get a better understanding of the challenges that those living in poverty face on a day to day basis. Sandi Levi suggested we could invite the City Council, and some select City employees to participate to help people in positions of impact to have the opportunity to experience the barriers that face the poorest in our community.

**Action:**

Sheri and Jean to work with Amy and Council to try to schedule a time in May to have everyone participate in a poverty simulator.

**4:55 p.m. - Next Meeting Logistics**

March 12<sup>th</sup>, 2019 – Ana Moroshan offered to host at the Capital Educators Branch, 1023 12<sup>th</sup> Ave Rd Nampa ID 83686